

NOTE: These directives were written by our Karas medical staff based on new CDC guidelines.

One clarification point:

The reason there is a difference between the 7 days for someone suspected or confirmed and 14 days for someone who is asymptomatic but has had close contact with someone who is suspected or confirmed, is that it can take up to 14 days for symptoms to present themselves. If you already have symptoms, the clock has already started for you.

03/24/2020

Return to work Guidance for COVID-19 Suspected/Confirmed Sheriff's Office Personnel

- COVID-19 symptoms may appear 2-14 days after exposure and can include any of the following: fever (100.4 or greater), cough, and/or shortness of breath. If you are experiencing any of the symptoms above and/or are sent home from work with any of these symptoms, follow the guidelines below:
 1. Workers with Confirmed /Suspected COVID-19 may return to work when **ALL** of the following criteria have been met
 - a. At least 72 hours (3 days) have passed since the resolution of fever, without the use of antipyretics, **AND** improvement in respiratory symptoms (cough, shortness of breath) **AND**
 - b. At least 7 days have passed since symptoms onset

Asymptomatic Sheriff's Office Personnel with a Close Contact of a Confirmed/Suspected COVID-19 case

- **Confirmed vs. Suspected** COVID-19 case: A **confirmed case** has received a positive result from a COVID-19 laboratory test, with or without symptoms. A **suspected case** shows symptoms of COVID-19 but either has not been tested or is awaiting test results. If test results are positive, a suspected case becomes a confirmed case. A suspected case may also be identified by a designated screening process in the absence of testing availability.
- **Close contact** of a COVID-19 case: In the context of COVID-19, an individual is considered a **close contact** if they:
 - have been within approximately 6 feet of a COVID-19 case (suspected or confirmed) for a prolonged period of time or
 - have had direct contact with infectious secretions from a COVID-19 case (suspected or confirmed) i.e. have been coughed on
 - **Close contact** can occur while caring for, living with, sharing a common space with a COVID-19 case (suspected or confirmed)
 - Longer exposure time likely increases exposure risk
 - Coughing likely increases exposure

- **Quarantine** refers to the practice of confining individuals who have had close contact with a COVID-19 case (suspected or confirmed) to determine whether they develop symptoms of the disease.
 - **Quarantine** for COVID-19 should last for a period of **14 DAYS**.
- 1. Asymptomatic Sheriff's Office Personnel with a Close Contact with a suspected or confirmed COVID-19 case will be excluded from work and quarantined at home for **14 DAYS** from the last exposure to the case (suspected or confirmed).

Testing for COVID-19 of symptomatic Sheriff's Office Personnel:

- If Sheriff's Office Personnel member receives a **NEGATIVE test result**, they may return to work under the following conditions:
 - Symptoms have resolved
 - It has been at least 24 hours since resolution of fever without use of antipyretics.
 - The person/persons that have been quarantined for close contact may also return to work if no symptoms have developed.